

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 1

Event 17 Heptathlon: #1 Men 60 Meter Dash

Thursday 2/20/2025 - 10:00 AM

GSC Indoor R: 7.07 2/15/2024 Walter Womack
CrossPlex: 6.71 3/11/2022 Andrei Iosivas

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	356 Isaac Iosia	SO	Lee (Tenn.)	NT
2	275 Sage Robertson	SO	Alabama-Hunt	NT
3	268 Adolfo Mireles	SO	Alabama-Hunt	NT
4	259 Zane Hopf	SO	Alabama-Hunt	NT
5	274 Colin Roberson	SO	Alabama-Hunt	NT
6	442 Austin Abney	FR	Montevallo	NT
7	494 Dayton Floyd	JR	Trevecca Naz	NT
8	369 Cameron Stine	SR	Lee (Tenn.)	NT

Event 34 Indoor Pentathlon: #1 Women 60 Meter Hurdles

Thursday 2/20/2025 - 10:30 AM

GSC Indoor R: 8.84 2/18/2020 Nadia Davila
CrossPlex: 8.09 3/12/2016 Kendall Williams

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	343 Sydney White	JR	Lee (Tenn.)	NT
3	323 Lily Brown	SO	Lee (Tenn.)	NT
5	481 Campbell Johnson	JR	Trevecca Naz	NT
Section 2 of 3 Finals				
1	341 Liezl Theron	JR	Lee (Tenn.)	NT
3	215 Sara Cothran	FR	Alabama-Hunt	NT
5	425 Hallie Harrell	FR	Montevallo	NT
Section 3 of 3 Finals				
1	421 Kylie Carroll	SR	Montevallo	NT
3	429 Morgan McCartney	FR	Montevallo	NT
5	487 Nina Willoughby	SO	Trevecca Naz	NT
7	214 Hope Collins	FR	Alabama-Hunt	NT

Event 34 Indoor Pentathlon: #5 Women 800 Meter Run

Thursday 2/20/2025 - 0:00 PM

GSC Indoor R: 2:27.46 2/15/2024 Sydney White
CrossPlex: 2:08.75 3/11/2022 Anna Hall

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	429 Morgan McCartney	FR	Montevallo	NT
2	487 Nina Willoughby	SO	Trevecca Naz	NT
3	481 Campbell Johnson	JR	Trevecca Naz	NT
4	323 Lily Brown	SO	Lee (Tenn.)	NT
5	421 Kylie Carroll	SR	Montevallo	NT
6	343 Sydney White	JR	Lee (Tenn.)	NT
7	425 Hallie Harrell	FR	Montevallo	NT
8	215 Sara Cothran	FR	Alabama-Hunt	NT
9	341 Liezl Theron	JR	Lee (Tenn.)	NT
10	214 Hope Collins	FR	Alabama-Hunt	NT

Event 7 Men 5000 Meter Run

Thursday 2/20/2025 - 1:30 PM

GSC Indoor R: 13:54.05 2/15/2024 Jan Lukas Becker
CrossPlex: 13:19.01 3/11/2022 Abdihamid Nur

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	411 Carson Smith	SO	Mississippi	15:04.20
2	404 Gabriel McElwain	FR	Mississippi	14:57.92
3	513 Shane West	JR	Trevecca Naz	15:41.89
4	492 Mathias Cheboi	JR	Trevecca Naz	15:55.31
5	458 Jackson Howse	SO	Montevallo	15:07.39
6	309 James Holcombe	SO	Christian Br	15:48.85
7	415 Wyatt Whipp	JR	Mississippi	15:22.96
8	507 Joshua Novotny	FR	Trevecca Naz	15:23.26
9	499 Jack Jaeger	FR	Trevecca Naz	16:55.45
10	318 Thomas Saunders	SO	Christian Br	16:51.87
11	493 John Dalton	SO	Trevecca Naz	16:45.62
Section 2 of 2 Finals				
1	252 Dakota Frank	FR	Alabama-Hunt	14:44.70
2	354 Aaron Himes	SR	Lee (Tenn.)	14:49.84
3	347 Pierre Chauveau	FR	Lee (Tenn.)	14:21.97
4	276 Cole Robinson	FR	Alabama-Hunt	14:39.20
5	351 Luke Gaddis	JR	Lee (Tenn.)	14:57.34
6	254 Noah George	FR	Alabama-Hunt	14:30.59
7	408 Cooper Parmer	JR	Mississippi	14:57.24
8	405 Braedon Methvin	JR	Mississippi	14:26.31
9	242 Will Anglea	SR	Alabama-Hunt	14:56.55
10	346 Xian Campbell	JR	Lee (Tenn.)	14:43.44
11	363 Edimo Ninteretse	JR	Lee (Tenn.)	13:59.52
12	267 Tripp Miller	SO	Alabama-Hunt	14:41.98

Event 24 Women 5000 Meter Run

Thursday 2/20/2025 - 2:30 PM

GSC Indoor R: 16:55.48 2/24/2021 Toni Moore
CrossPlex: 15:15.21 3/11/2016 Molly Seidel

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	392 Ava Wardlaw	JR	Mississippi	18:30.67
2	210 Amelia Brady	SR	Alabama-Hunt	19:16.40
3	334 Ashlyn Iliff	SR	Lee (Tenn.)	NT
4	483 Ruth Penney	SR	Trevecca Naz	19:43.24
5	240 Abby Weist	SR	Alabama-Hunt	18:47.66
6	325 Lyndi Chapman	FR	Lee (Tenn.)	18:01.88
7	209 Autumn Betts	FR	Alabama-Hunt	19:17.36
8	438 Natalie Warner	SR	Montevallo	18:40.56
9	330 Kaylee Estridge	SO	Lee (Tenn.)	NT
10	335 Katie Krueger	SR	Lee (Tenn.)	17:55.18
11	430 Reagan Oliver	SR	Montevallo	19:33.81
12	383 Kinley Harris	FR	Mississippi	18:43.83
13	320 Megan Adams	JR	Lee (Tenn.)	17:21.06
14	379 Kathryn Finch	FR	Mississippi	18:43.72
15	239 Aylin Vega	SR	Alabama-Hunt	19:09.26

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 1

Event 1 Men 60 Meter Dash**Thursday 2/20/2025 - 4:15 PM****Top 2 in Heat + Next 2 on Time advance to Finals****GSC Indoor R: 6.70 2/14/2023 Michael Gizzi****CrossPlex: 6.47 3/12/2016 Ronnie Baker**

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Heat 1 of 3 Prelims

1	489 Grant Allen	SO	Trevecca Naz	7.25	_____
2	445 Dwight Bellamy	SO	Montevallo	7.19	_____
3	414 Matias Vasquez	JR	Mississippi	7.11	_____
4	368 Aiden Shaw	SO	Lee (Tenn.)	7.11	_____
5	503 Jaylen Mathis	FR	Trevecca Naz	7.58	_____
6	412 Davion Smith	JR	Mississippi	6.99	_____
7	473 Walter Womack	SO	Montevallo	7.00	_____
8	311 Jordan Jarrett	JR	Christian Br	7.45	_____

Heat 2 of 3 Prelims

1	277 Tommy Rodriguez	JR	Alabama-Hunt	6.98	_____
2	307 David Ford	JR	Christian Br	8.07	_____
3	462 Amari Lewis	SR	Montevallo	7.02	_____
4	352 Cooper Giddens	FR	Lee (Tenn.)	7.28	_____
5	396 Jonathan Bunch Jr.	FR	Mississippi	7.18	_____
6	264 Noah Lawler	SR	Alabama-Hunt	7.14	_____
7	510 Kaleel Stewart	SR	Trevecca Naz	7.10	_____
8	457 Chason Howard	FR	Montevallo	7.26	_____

Heat 3 of 3 Prelims

1	310 Robert Hopson	FR	Christian Br	7.26	_____
2	496 Zion Griffin	SO	Trevecca Naz	6.94	_____
3	258 Collin Henderson	FR	Alabama-Hunt	7.08	_____
4	447 Ja'lon Benson	SO	Montevallo	7.26	_____
5	398 Damone Daniels	SO	Mississippi	7.17	_____
6	407 Oliver Ollesch	SR	Mississippi	7.15	_____
7	246 Elijah Drake	SO	Alabama-Hunt	7.07	_____
8	319 Ryan Sims	FR	Christian Br	NT	_____

Event 18 Women 60 Meter Dash**Thursday 2/20/2025 - 4:30 PM****Top 2 in Heat + Next 2 on Time advance to Finals****GSC Indoor R: 7.55 2/13/2022 Kristen Blevin****CrossPlex: 7.04 3/11/2022 Julien Alfred**

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Heat 1 of 3 Prelims

2	331 Jydia Faucette	SR	Lee (Tenn.)	8.17	_____
3	294 Jackelin Ruiz	SO	Christian Br	8.66	_____
4	217 Jordyn Dortch	SO	Alabama-Hunt	7.52	_____
5	234 Summer Sutherlin	FR	Alabama-Hunt	7.91	_____
6	225 Keziah Mickler	SO	Alabama-Hunt	7.92	_____
7	384 Hannah Jackson	SO	Mississippi	8.07	_____

Heat 2 of 3 Prelims

1	421 Kylie Carroll	SR	Montevallo	7.94	_____
2	380 Livia Fischer	SR	Mississippi	7.91	_____
3	216 Jadlyn Debardlabon	SO	Alabama-Hunt	8.02	_____
4	385 Noeli Klassen	FR	Mississippi	8.27	_____
5	336 Liz Lannom	FR	Lee (Tenn.)	7.56	_____
6	293 Micaiah Halliburton	JR	Christian Br	8.40	_____

Heat 3 of 3 Prelims

1	340 Ane Peasley	SO	Lee (Tenn.)	7.99	_____
2	422 Khila Corrothers	SO	Montevallo	7.90	_____
3	220 Deja Hines	FR	Alabama-Hunt	7.90	_____
4	375 Ann Cobb	FR	Mississippi	8.35	_____
5	418 Samantha Bennett	FR	Montevallo	7.95	_____
6	485 Jamelia Stovall	FR	Trevecca Naz	8.36	_____

Event 8 Men 60 Meter Hurdles**Thursday 2/20/2025 - 4:45 PM****Top 2 in Heat + Next 4 on Time advance to Finals****GSC Indoor R: 7.81 2/14/2023 Cale Kassen****CrossPlex: 7.35 3/9/2019 Grant Holloway**

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Heat 1 of 2 Prelims

1	244 Skyler Cody	FR	Alabama-Hunt	8.55	_____
2	459 Jayvian Kendrick	FR	Montevallo	8.51	_____
3	469 Slate Rohrer	FR	Montevallo	8.40	_____
4	260 Caden Howard	SO	Alabama-Hunt	8.53	_____
5	448 Ryder Black	SO	Montevallo	8.98	_____
6	497 Jadon Hickman	SO	Trevecca Naz	9.19	_____

Heat 2 of 2 Prelims

1	369 Cameron Stine	SR	Lee (Tenn.)	8.62	_____
2	308 Joseph Heinz	JR	Christian Br	8.53	_____
3	356 Isaac Iosia	SO	Lee (Tenn.)	8.58	_____
4	255 Cristian Gibson	FR	Alabama-Hunt	8.53	_____
5	248 Wes Egalite	JR	Alabama-Hunt	8.08	_____

Event 25 Women 60 Meter Hurdles**Thursday 2/20/2025 - 5:00 PM****Top 2 in Heat + Next 4 on Time advance to Finals****GSC Indoor R: 8.60 2/13/2022 Tytavia Hardy****CrossPlex: 7.78 3/11/2022 Grace Stark**

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Heat 1 of 2 Prelims

1	214 Hope Collins	FR	Alabama-Hunt	9.84	_____
2	340 Ane Peasley	SO	Lee (Tenn.)	8.93	_____
3	381 Madison Flugence	SO	Mississippi	9.13	_____
4	323 Lily Brown	SO	Lee (Tenn.)	9.22	_____
5	382 Katie Gates	SO	Mississippi	8.99	_____
6	341 Liezl Theron	JR	Lee (Tenn.)	9.93	_____

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 1

Heat 2 of 2 Prelims...(Event 25 Women 60 Meter Hurdles)

1	232 Ashanti Slaughter	FR	Alabama-Hunt	9.07	_____
2	236 Ivy Teachey	SO	Alabama-Hunt	9.05	_____
3	336 Liz Lannom	FR	Lee (Tenn.)	8.68	_____
4	479 Chane de Beer	JR	Trevecca Naz	10.55	_____
5	292 Amira Doss	SR	Christian Br	10.29	_____
6	295 Gioia Scopel	JR	Christian Br	9.26	_____
7	425 Hallie Harrell	FR	Montevallo	9.74	_____

Event 2 Men 200 Meter Dash**Thursday 2/20/2025 - 5:20 PM****Heat Winner + Next 1 on Time advance to Finals****Heat #1 3,4,6,8 Heat #2 1,2,5,7****GSC Indoor R: 21.14 2/14/2023 Michael Gizzi****CrossPlex: 20.34 3/8/2019 Divine Oduduru**

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Heat 1 of 7 Prelims

3	512 Julius Turnipseed IV	FR	Trevecca Naz	22.41	_____
4	447 Ja'lon Benson	SO	Montevallo	22.74	_____
5	311 Jordan Jarrett	JR	Christian Br	23.74	_____
6	287 Jaiden Young	SO	Alabama-Hunt	22.11	_____

Heat 2 of 7 Prelims

3	282 Chris Thomas	SO	Alabama-Hunt	21.67	_____
4	352 Cooper Giddens	FR	Lee (Tenn.)	22.61	_____
5	316 Justin Olige	SR	Christian Br	NT	_____
6	490 Lucas Baggott	SR	Trevecca Naz	22.68	_____

Heat 3 of 7 Prelims

3	368 Aiden Shaw	SO	Lee (Tenn.)	22.17	_____
4	246 Elijah Drake	SO	Alabama-Hunt	22.38	_____
5	396 Jonathan Bunch Jr.	FR	Mississippi	22.81	_____
6	310 Robert Hopson	FR	Christian Br	23.67	_____

Heat 4 of 7 Prelims

3	445 Dwight Bellamy	SO	Montevallo	22.69	_____
4	503 Jaylen Mathis	FR	Trevecca Naz	24.53	_____
5	398 Damone Daniels	SO	Mississippi	22.57	_____
6	412 Davion Smith	JR	Mississippi	21.89	_____

Heat 5 of 7 Prelims

3	319 Ryan Sims	FR	Christian Br	24.36	_____
4	407 Oliver Ollesch	SR	Mississippi	22.56	_____
5	473 Walter Womack	SO	Montevallo	22.04	_____
6	496 Zion Griffin	SO	Trevecca Naz	22.72	_____

Heat 6 of 7 Prelims

3	457 Chason Howard	FR	Montevallo	23.32	_____
4	462 Amari Lewis	SR	Montevallo	22.28	_____
5	489 Grant Allen	SO	Trevecca Naz	23.09	_____
6	361 Nokia Masengu	SR	Lee (Tenn.)	22.29	_____

Heat 7 of 7 Prelims

3	302 Amare Biggers	SR	Christian Br	23.64	_____
4	258 Collin Henderson	FR	Alabama-Hunt	22.87	_____
5	277 Tommy Rodriguez	JR	Alabama-Hunt	22.20	_____
6	416 Liam Wilkerson	FR	Mississippi	22.37	_____

Event 19 Women 200 Meter Dash**Thursday 2/20/2025 - 5:40 PM****Heat Winner + Next 3 on Time advance to Finals****Heat #1 3,4,6,8 Heat #2 1,2,5,7****GSC Indoor R: 24.21 2/19/2020 Chelsea Walker****CrossPlex: 22.16 3/12/2022 Abby Steiner**

Lane Name	Yr	School	Seed Time
-----------	----	--------	-----------

Heat 1 of 5 Prelims

3	331 Jydia Faucette	SR	Lee (Tenn.)	27.18	_____
4	391 Hilary Udechukwu	SR	Mississippi	25.31	_____
5	236 Ivy Teachey	SO	Alabama-Hunt	26.06	_____
6	484 Ava Skaggs	FR	Trevecca Naz	28.49	_____

Heat 2 of 5 Prelims

3	340 Ane Peasley	SO	Lee (Tenn.)	27.14	_____
4	418 Samantha Bennett	FR	Montevallo	26.11	_____
5	227 Amiah Murry	SO	Alabama-Hunt	24.50	_____
6	293 Micaiah Halliburton	JR	Christian Br	28.81	_____

Heat 3 of 5 Prelims

3	223 Aniya Johnson	SO	Alabama-Hunt	25.94	_____
4	220 Deja Hines	FR	Alabama-Hunt	25.38	_____
5	327 Delphine Dah	SR	Lee (Tenn.)	27.49	_____
6	485 Jamelia Stovall	FR	Trevecca Naz	28.34	_____

Heat 4 of 5 Prelims

3	217 Jordyn Dortch	SO	Alabama-Hunt	24.42	_____
4	422 Khila Corrothers	SO	Montevallo	26.78	_____
5	381 Madison Flugence	SO	Mississippi	26.67	_____

Heat 5 of 5 Prelims

3	384 Hannah Jackson	SO	Mississippi	26.22	_____
4	385 Noeli Klassen	FR	Mississippi	26.94	_____
5	336 Liz Lannom	FR	Lee (Tenn.)	24.43	_____

Event 10 Men Distance Medley**Thursday 2/20/2025 - 6:00 PM****GSC Indoor R: 9:53.04 2/14/2023 Mississippi College****B Kelly, C Stewart, G Hodson, C Benoit****CrossPlex: 9:25.20 3/11/2022 Texas****C Gomez, W Wright, C Carrozza, Y Abdalla**

Lane Team	Relay	Seed Time
-----------	-------	-----------

Section 1 of 1 Finals

1	Mississippi	9:59.81	_____
2	Christian Br	NT	_____
3	Alabama-Hunt	9:58.99	_____
4	Lee (Tenn.)	9:48.60	_____
5	Montevallo	10:51.98	_____
6	Trevecca Naz	10:34.99	_____

Gulf South Conference Indoor T&F Championships 2025
CrossPlex, Birmingham, AL - 2/20/2025 to 2/21/2025
Meet Program - Running Events Day 1

Event 27 Women Distance Medley

Thursday 2/20/2025 - 6:20 PM

GSC Indoor R: 11:31.37 2/15/2024 Lee (Tenn.)

L Hare, C Hall, L Magoro, M Cavanaugh

CrossPlex: 10:51.37 3/11/2022 Arkansas

I Van Camp, P Peoples, K Gear, L Jolly

Lane	Team	Relay	Seed Time
-------------	-------------	--------------	------------------

Section 1 of 1 Finals

1	Lee (Tenn.)		11:37.58	_____
2	Trebecca Naz		NT	_____
3	Montevallo		12:52.79	_____
4	Mississippi		NT	_____
5	Alabama-Hunt		12:38.97	_____
6	Christian Br		NT	_____